## Claims:

1. A moisture-absorbing material comprising a natural cellulosic material defined by hollow fibrous tubes that have been sequentially (i) dried, (ii) combed in a direction to substantially longitudinally align said hollow fibrous tubes, (iii) stretched substantially in said direction, (iv) twisted substantially about said direction, and (v) compressed substantially in said direction, wherein a dried-in strain of said natural cellulosic material is greatest along said direction.

- 2. A moisture-absorbing material as in claim 1 further comprising a powder material adhering to and residing within said hollow fibrous tubes, said powder material being inert with respect to said natural cellulosic material and initiating a chemical reaction when exposed to water, wherein a product of said chemical reaction is water.
- A moisture-absorbing material as in claim 1 wherein said
   natural cellulosic material is cotton.
- 4. A moisture-absorbing material as in claim 2 wherein said powder material is selected from the group consisting of: a mixture of sodium bicarbonate and citric acid; and a mixture

- 4 of sodium bicarbonate and potassium hydrogen tartrate.
- 1 5. A moisture-absorbing material as in claim 2 wherein said
- 2 powder material is selected such that another product of said
- 3 chemical reaction is gaseous.

6. A moisture-absorbing material comprising:

hollow fibrous tubes of cotton that have been sequentially (i) dried, (ii) combed in a direction to substantially longitudinally align said hollow fibrous tubes of cotton, (iii) stretched in said direction, (iv) twisted about said direction, and (v) compressed in said direction, wherein a dried-in strain of said hollow fibrous tubes of cotton is greatest along said direction; and

a powder material adhering to and residing within said hollow fibrous tubes of cotton, said powder material being inert with respect to said hollow fibrous tubes of cotton and initiating a chemical reaction when exposed to water, wherein a product of said chemical reaction is water.

- 7. A moisture-absorbing material as in claim 6 wherein said powder material is selected from the group consisting of: a mixture of sodium bicarbonate and citric acid; and a mixture of sodium bicarbonate and potassium hydrogen tartrate.
- 8. A moisture-absorbing material as in claim 6 wherein said powder material is selected such that another product of said chemical reaction is gaseous.

1 9. A method of making a moisture-absorbing material comprising the steps of: 2 3 providing a natural cellulosic material that is defined by hollow fibrous tubes; 4 drying said natural cellulosic material; 5 combing, after said step of drying, said natural 6 cellulosic material in 7 а direction to substantially 8 longitudinally align said hollow fibrous tubes; 9 stretching, after said step of combing, said hollow fibrous tubes substantially in said direction; 10 twisting, after said step of stretching is commenced, 11 12 said hollow fibrous tubes substantially about said direction; 13 and 14 compressing, after said step of twisting, said hollow fibrous tubes in said direction, wherein a dried-in strain of 15 said natural cellulosic material is greatest along said 16 17 direction.

1 A method according to claim 9 further comprising the 2 step of mixing a powder material with said hollow fibrous 3 tubes wherein said powder material adheres to and resides in 4 said hollow fibrous tubes, said powder material being inert said natural cellulosic material 5 to with respect and initiating a chemical reaction when exposed to water, wherein 6 a product of said chemical reaction is water. 7

- 1 11. A method according to claim 9 wherein said natural cellulosic material is cotton.
- 1 12. A method according to claim 10 wherein said powder
  2 material is selected from the group consisting of: a mixture
  3 of sodium bicarbonate and citric acid; and a mixture of
  4 sodium bicarbonate and potassium hydrogen tartrate.
- 1 13. A method according to claim 9 wherein said powder
  2 material is selected such that another product of said
  3 chemical reaction is gaseous.

A method of making a moisture-absorbing material 1 14. 2 comprising the steps of: 3 providing cotton in the form of hollow fibrous tubes thereof: 4 drying said cotton; 5 mixing, during said step of drying, a powder material 6 with said hollow fibrous tubes wherein said powder material 7 adheres to and resides in said hollow fibrous tubes, said 8 powder material being inert with respect to said natural 9 cellulosic material and initiating a chemical reaction when 10 exposed to water, wherein a product of said chemical reaction 11 12 is water; combing, after said step of drying, said cotton in a 13 14 direction to substantially longitudinally align said hollow 15 fibrous tubes; stretching, after said step of combing, said hollow 16 fibrous tubes substantially in said direction; 17

twisting, at least after said step of stretching is commenced, said hollow fibrous tubes substantially about said direction; and

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compressing, after said step of twisting, said hollow fibrous tubes in said direction, wherein a dried-in strain of said cotton is greatest along said direction.

15. A method according to claim 14 wherein said powder material is selected from the group consisting of: a mixture of sodium bicarbonate and citric acid; and a mixture of sodium bicarbonate and potassium hydrogen tartrate.

- 1 16. A method according to claim 14 wherein said powder
- 2 material is selected such that another product of said
- 3 chemical reaction is gaseous.